



FOOD MENU

Special Dishes



GRILL

All of our hand-cut steaks are served with fries, corn, portobello mushroom

- Peppercorn
- Mushroom Sauce
- Blue Cheese
- Gravy

STEAK SAUCES

9oz FILLET £31.95

Its from the lowe back, which is rarely used, meaning the fillet steak is the most tender cut. (recommended cook medium)

10oz RIB-EYE £29.95

The rib-eye is cut from the roast, known as a prime rib roast that sits at the top of rib primal, located between the chuck and loin. (recommended cook medium)

SURF AND TURF £36.95

9 oz grilled fillet steak and King prawn sauteed with garlic, served with fennel pickles and asparagus. (recommended cook medium)

GRILLED LAMB SKEEWER £21.85

2 marinated cubed lamb skewers served with fries, salad, pepper, pita bread & yoghurt sauce.

GRILLED CHICKEN SKEEWER £19.95

2 marinated cubed chicken skewers served with fries, salad, Padron pepper, pita bread & yoghurt sauce.

WELSH LAMB CHOPS £23.95

Local Welsh lamb chops marinated in herbs and spices and cooked on the grill. Served with mixed vegetables, mashed potato, gravy sauce.

GRILLED KING PRAWNS £23.35

King prawns marinated with lemon, olive oil and garlic. Served with fennel pickles asparagus, parsley and green oil.

MIXED GRILL (for 2) £42.95

2 Lamb skewer, 2 Chicken skewer, 2 lamb chop, sliced fillet steak. Served with fries, salad, pita bread & yoghurt sauce chilli sauce.

FROM THE OVEN



BEEF RIB STIFADO £24.95

Slow-cooked beef rib with shallots, tomatoes, celery, mustard, carrots and herbs. Served with mashed potato and bbq sauce, mixed vegetables.

LAMB SHANK £24.95

Slow cooked lamb shank with vegetables garlic and fresh herbs, a melt in your mouth. Ottoman classic. Served with gravy, mashed potato and mixed vegetables.

TUSCAN CHICKEN BREAST £21.95

Baked chicken breast in a creamy Tuscan sauce with spinach, garlic & sun-dried tomatoes. Served with crispy potatoes & asparagus.

SALMON FILLET £21.95

Gently cooked Salmon fillet, served with asparagus, mashed potato and mixed vegetables, and green oil.

FILLET SEA BASS £21.95

Pan-seared seabass served with mixed vegetables mashed potato, lemon, capers and green oil.

▪ If you or any of your guests have an allergy or dietary restriction please inform your waiter / waitress ▪



SIDES

MASHED POTATO	£4.95
SAUTEED BABY POTATO	£4.95
MIX VEGETABLE	£4.95
ONION RINGS	£4.95
STEAM BROCCOLI	£4.95
SIDE MIX GREEN SALAD	£4.95
FRIES	£4.45
CHUNKY CHIPS	£4.45
ASPARAGUS	£4.95

SUNDAY ROAST £17.95

Every Sunday 12:00 - 17:00

Mashed potato, roast potatoes, Yorkshire pudding, pigs in blanket, onion stuffing, mixed season vegetables, red cabbage, gravy sauce.

CHICKEN ROAST	£17.95
BEEF ROAST	£17.95
VEGAN RED LENTIL & SWEET POTATO COTTAGE PIE	£13.95
<i>With mixed green vegetables, carrots & braised red cabbage.</i>	
KIDS ROAST	£6.95

SAUCES

All sauce homemade

PEPPERCORN	£3.45
MUSHROOM	£3.45
GRAVY	£3.45
BLUE CHEESE	£3.45

KIDS SELECTIONS

CHICKEN STRIPS WITH FRIES	£6.95
BEEF BURGER WITH FRIES	£6.95
LINGUINE & MEATBALLS	£6.95
SLICE FILLET STEAK WITH FRIES	£13.95

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DISHES AND THEIR ALLERGEN CONTENT - [THREE EAGLES]

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
WARM BREAD		✓		✓		✓	✓		✓	✓		✓	✓	
AVOCADO SALSA <i>(because of bread)</i>	✓	✓		✓		✓	✓		✓	✓		✓	✓	
MEDITERRANEAN OLIVES		✓		✓		✓	✓		✓	✓		✓	✓	
CHILI SAUCE <i>(ANTEP EZME)</i>	✓	✓		✓		✓	✓		✓	✓		✓	✓	
HUMMUS		✓		✓		✓	✓		✓	✓		✓	✓	
CACIK		✓		✓		✓	✓		✓	✓			✓	
MUCHOS NOCHOS	✓	✓				✓	✓		✓				✓	
PADRON PEPPERS														
ALBONDIGAS	✓						✓						✓	
HOMEMADE SOUP <i>daily ask kitchen</i>														
GRILLED HALLOUMI							✓					✓	✓	
CHICKEN WINGS <i>Buffalo BBQ</i>	✓								✓			✓	✓	
CREAMY MUSHROOMS		✓		✓		✓	✓		✓	✓		✓	✓	✓
PATATAS BRAVAS	✓						✓						✓	
CALAMARI		✓		✓	✓		✓		✓				✓	
GOAT CHEESE		✓		✓			✓						✓	
BEEF CARPACCIO							✓		✓				✓	
KING PRAWNS GAMPAS PILPIL			✓		✓		✓						✓	
GREEK SALAD		✓					✓							
THREE EAGLES SALAD		✓					✓						✓	
STEAK SALAD		✓					✓		✓	✓			✓	✓
CEASAR SALAD		✓		✓			✓		✓	✓				
LAMB WRAP	✓	✓					✓		✓				✓	
CHICKEN WRAP	✓	✓					✓						✓	
KING PRAWN CHARGRILLED	✓		✓		✓		✓		✓				✓	
RIBEYE	✓												✓	
FILLET STEAK	✓												✓	
FILLET STEAK SURF&TURF	✓		✓		✓		✓		✓				✓	
CHUNKY CHIPS													✓	
LINGUINI MEATBALL	✓	✓					✓						✓	
CHICKEN BURGER	✓	✓		✓			✓		✓			✓	✓	✓
CLASSIC BURGER		✓		✓	✓				✓			✓	✓	✓
SPECIAL BURGER	✓	✓		✓			✓		✓			✓	✓	✓



THREE EAGLES

MEDITERRANEAN
BAR & GRILL